

Grief ♥Recovery[®] Outreach Program

One of the least acknowledged and
least addressed concerns in our society is

GRIEF

the normal and natural reaction to loss.

Whether your loss is from:

- Death of a loved one • Divorce or end of a relationship
- Loss of career • Loss of a substance dependency • Loss of trust
- Loss of dreams • Loss of security • Loss of health

Grief will continue to affect our lives and the lives of those around us adversely when
we are forced to accept the many MYTHS ABOUT GRIEF:

Time heals all wounds
Replace the loss
Grieve alone
Be strong for others
Bury your feelings

The Outreach program will guide those who wish to resolve their loss issues
and move beyond their grief to a richer quality of life. As a result of participating
in this program your life may become more enriched, more alive and more
fulfilled than ever before. This 7-week program will be conducted by
Ellie McFalls, MCHt., Certified Grief ♥Recovery[®] Specialist.

The program is affiliated with and endorsed by The Grief Recovery Institute.
This format has been developed by Russell P. Friedman, Executive Director,
and John W. James, Founder of the Grief Recovery Institute, and authors
of The Grief Recovery Handbook—The Action Program for
Moving Beyond Death, Divorce and Other Losses.

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